

Accommodations

Accommodations are changes made to give *you* equal opportunity. If *you* know your rights and responsibilities, *you* can help yourself learn better by finding accommodations that work for *you*.

Examples of accommodations:

more time
individual tests
private work area
calculators
readers
note takers
oral or sign language interpreters
tapes, large print or Braille
taped, typed or dictated answers
special class or test settings
adaptive environment
written instructions
repeated instructions
building access
assistive devices

Numbers to call:

Ask your teacher which numbers would be most helpful for you.

Americans with Disabilities Act Hotline:

1-800-949-4232

HEATH Resource Center **1-800-544-3284**

National Library Services for the Blind and Physically Handicapped **1-800-424-8567**

Social Security Administration **1-800-772-1213**

Equal Employment Opportunity Commission
1-800-669-3362

GED Hotline **1-800-626-9433**

Job Accommodation Network **1-800-526-7324**

National Literacy Hotline **1-800-228-8813**

National Library of Education **1-800-424-1616**

Ask for more information at your local library

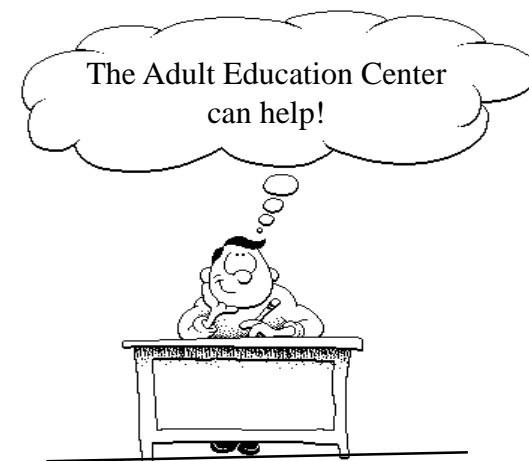


Write local numbers here:

Write state numbers here:

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How can you learn better?



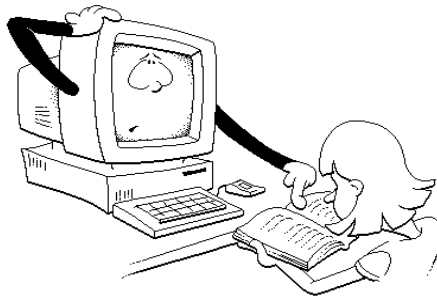
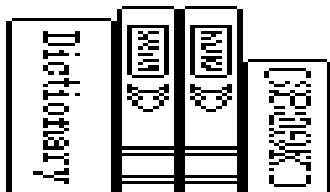
Rights and responsibilities of an adult learner with a disability

You can learn better if you know your **rights**

1 You have the right to **get into the building and classrooms.**

2 You have the right to **get into a program.**

3 You have the right to **get help in class and during tests.**



You can learn better if you know your **responsibilities**

1 You need to **tell your teacher** about the disability if you need help.

2 You need to **bring reports and information** about the disability to your teacher.

3 You need to tell your teacher about **what has helped** you learn better before.

You can learn better if you **help yourself**

1 Help yourself by knowing that **you have legal rights** to an education.

2 Help yourself by telling your teacher about **your education.**

3 Help yourself by asking your teacher **what your state does to help** someone with a disability get an education.

